

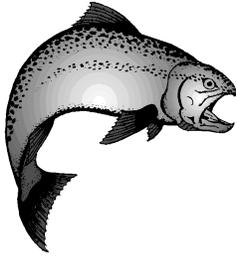
Downey Fly Fishers

"The Fishingest Club Around"

October 2008

Monthly Newsletter

Upcoming Events



October 14th
General Meeting 7pm
Ray Sugiyama

October 23rd
Board Meeting 7pm
Brian Matthews' Home

November 11th
General Meeting

November 15th-16th
Colorado River Outing

November 20th
Board Meeting

December 6th
Annual Holiday Potluck

At This Month's Meeting

"Appreciating the Beauty of Nature while Fly Fishing"

The fish that fly fishermen target only live in clean water surrounded by lush vegetation and abundant wildlife. While fishing in some of his favorite destinations around the world, Ray Sugiyama has been able to capture some truly beautiful photos of not only fish, but also birds, moose, and other wildlife.

On a recent trip to Alaska, Ray was able to video tape bears actually looking under water, then diving and catching salmon. He will also share some photos of some close encounters with bears while fishing for salmon, trout and grayling on the banks for the beautiful Alagnak river.

Youth Fishing Day - Wilderness Park

The City of Downey and the California Department of Fish and Game (DFG) have teamed up to provide the youth a great opportunity to fish on Saturday, November 8, 2008 from 8 a.m. to 12 noon, rain or shine at Wilderness Park located at 10999 Little Lake Road in Downey, CA 90240. DFG plants trout and catfish into the lakes at the park.

Downey Youth Fishing Day is designed for kids ages 15 and under. The event is free to youngsters and will consist of learning stations, safety tips, and casting. They will also learn about different types of fish, what happens to the lake environment when it is not clean, and how to be a responsible angler.

For many years, the Downey Fly Fishers has been a proud sponsor and volunteer for this event. The City of Downey and the DFG do not have the staff for an event of this size. As usual, we will be providing an ongoing fly tying demonstration. We will need volunteers to assemble the loaner rods and reels the evening before the event and to staff the learning stations during the event.

There will be more information and a sign-up sheet at the October general meeting.

Deadline for the October newsletter is Oct 29th

Members who have access to E-mail can send stories, announcements or classified ads to: Liz Rasmussen or Brain Matthews

CLUB OUTINGS

Submitted by Carl Laski

Colorado River (Bass n' Carp) November 15 - 16, 2008

NOTE: Due to a calendar conflict with the Downey Kids Fishing Day, the outing to the Colorado River has been rescheduled to the following weekend, November 15-16, 2008.

Please check out Jerry Phan's fly fishing video on YouTube (www.youtube.com) and search by "Jerry Phan". Blythe is about a 3.5-4 hour drive from the Los Angeles area. We plan on driving out there early Saturday morning, staying the night in Blythe and fishing Sunday morning before returning home.

If you are interested in attending this outing, please sign-up at the general meeting or contact me at (714) 995-4219.

Help Wanted!

Submitted by Carl Laski

We are looking for volunteers for the following positions:

- Newsletter Editor
- Refreshment Chairperson
- Raffle Chairperson
- Outing Chairperson

If you are interested, please call or speak with any officer or board member.

Thanks to you!

John Woodling donated 23 dozen flies to the Fly Bank, during the meeting, in September. Thanks for the great looking flies. Lots of parachutes (you know how hard they are to tie), emergers, and nymphs. Come see and buy the "better than professionally tied flies" at the Fly Bank.

Ron Sakoda

Club Officers

President.....Carl Laski
V.President.....Position open
Secretary.....Brian Matthews
Treasurer.....Bob Stuart
Past President.....Liz Rasmussen

Chairpersons

Trout in The Classroom.....Randy Teeple
Conservation & FFF Rep.....Carl Laski
Education.....John Barnett & Bob Stuart
Pot Lucks.....Brian Matthews
Membership.....Brian Matthews
Outings.....Position open
Programs..... Zino Nakasuji & Ray Sugiyama
Refreshments....Carl Laski
Video Library.....Fred Roberts
NewsletterLiz Rasmussen & Brian Matthews
Raffles.....Brad Blancett
WebsiteCarl Laski & Jerry Phan
Publicity.....Brian Matthews & John Barnett
Fly bank.....Ron Sakoda

Board of Directors

Eric Rasmussen	Frank Russick
Bill Shelly	John Barnett
Mike Jedlick	Jim Buchanan
Terry Matsuura	"Doc" Phil Soloman

Intermediate Fly Tying

First the sad news...It was a disappointment to see the small turnout for this class since it is always something, that when members are asked, always want more information and help with their fly tying. But the GREAT news was that there was a lot of wonderful info and techniques passed on to the few that came. We had new and different ways to tie parachutes (post and post less), excellent techniques on spinning deer hair, some saltwater tying and ways to tie articulated streamers to add more life to your flies. Hopefully there will be consistent and more classes in the future that will help us all enjoy this sport better. Thanks to John Woodling, Frank Kuhn and Brian Matthews for your time and your help in making this successful for those that came.

President's Message

Several years ago, I recall a fishing trip with Terry Cashner and Brian Matthews. We stayed at McGee Creek campground overlooking Crowley Lake. After a long successful day of fishing, Brian prepared One Pot Pasta. It looked simple to make (in one pot) and was absolutely delicious. During the Laski family camping trip to the June Lake Loop in August, I decided to make One Pot Pasta for dinner. It was an instant hit with my wife and daughter. While standing watch over the simmering pot at the picnic table, I felt as if I was being watched by creatures in a forest. Britta & Marissa were "perched" nearby asking several times if it was ready.

One Pot Pasta Recipe

5 Mild Italian Sausage

2 cans (14.5 oz) Hunts Diced Tomato - Balsamic Vinegar, Basil & Olive Oil

1 can (14.5 oz) Hunts Petite Diced Tomatoes with Mushrooms

1 T Crushed garlic (or to taste)

2 T Balsamic vinegar

2 T Olive oil

Splash Red wine of your choice

1 t Oregano (You can substitute with an Italian seasoning mix.)

1 t Basil (You can substitute with an Italian seasoning mix.)

1 Box or can of sliced mushrooms (drained)

1 can Sliced olives

1 can Artichoke hearts (packed in water)

½ Onion (optional)

1 lbs box Barilla Farfalle (bowtie pasta)

Directions:

1. In a large pot, cook sliced sausage.

2. Add cans of tomato, garlic, balsamic vinegar, olive oil, red wine, seasoning, mushrooms, olives & artichoke hearts. Let simmer.

3. Add pasta. Simmer until pasta is cooked but still firm.

4. Serve with grated Parmesan Cheese, bread, salad and remaining open bottle of red wine.

Carl

KENAI - SEPTEMBER 2008

Submitted by Ron Sakoda

Because I was anticipating a great trip, I woke up at 4:00a.m., had cereal, checked in at the airport and was on the plane at 6am. Waking up early puts every thing on schedule. Everyone was seated by 6:30a.m and it seemed we were going to take off shortly. At 6:45a.m. the captain came on the P.A. to announce a short delay and that we would take off in a few minutes. At about 7:10a.m, the captain explained the problem. It seemed jet fuel, at this moment, cost more in Seattle than in LA so they were going to put on some extra fuel to save cost when they land and refuel in Seattle. Then they found the weight of the airplane because of the additional fuel would be too heavy for Seattle's airfield, so they had to unload that extra fuel. The tanker truck that loaded the extra fuel had left and the only tanker around was full, so they had to get an empty tanker truck. All being said, we took off at 7:30a.m. and because of the one hour delay, I missed the connecting flight from Seattle to Anchorage. Getting off the flight at Seattle and getting information for Anchorage is

another story. I was in the middle, along with the other passengers, of a situation know as the result of Murphy's Law. It was frustrating but there was nothing I could do.

I finally landed in Anchorage and was met by Sam Mihara, who organized the trip, along with two members of the Long Beach club, Richard and Rick. Sam rented a van and we drove to Coopers' Landing on the Kenai and stayed at the Mystic Water lodge owned by Stacy Corbin. Three of us fished the first day with Stacy pulling the oars of his drift boat. We were using Sage, 7wt, 10 ft, Z-Axis rods, 9 ft leader with 1x tippet with red/pink bead 2 inches above a bare hook. This first day was a beautiful with the sun shining, no wind and because it was so nice, Stacy decided to go down through the canyon. The Upper Kenai fished nicely. In the canyon, there are parts with steep walls, some parts are like river rafting in white waters and other parts have calm, bay like lagoons. In these quiet waters we looked for Silver Salmon. Richard caught a 32 inch Silver with a purple, dumbbell-eyed stinger fly. The Silvers didn't seem to be interested in anything after Richard's Silver but I did catch some nice fish with the largest being a 20 inch Dolly. To top the day off, Sam prepared his famous southern fried chicken for dinner-YUM!

On the second day it rained all day, it was not cold but just wet and windy. We couldn't go through the canyon because of the weather but the fishing was good on the Upper Kenai. Sam caught a 29 inch Rainbow. I caught a 24 inch Rainbow and a 26 inch Dolly. Had a 15 fish day but the White Sox fly bites were really starting to itch. Those White Sox are nasty little flies whose bites will leave welts on your skin which last for weeks.

The third day was sunny but a little colder than the previous day. It was nice enough to go through the canyon again looking for those Silvers. It was my turn to try. I cast the pink dumb-bell stinger fly about 35 feet and did short six inch strips with a pause. Stacy would say, cast 4 feet to the right, OK, strip- strip, OK now cast 5 feet to the left, OK, strip- strip now cast towards the bush on shore, OK, strip - strip. This went on for about 6 casts and on the 7th cast, strip- strip, the yellow fly line straightened out in an instant, I did a hard strip, lifted the fly rod and got him on the reel. That bent the fly rod almost in half and the salmon did several silver rolls (this is not sushi) where he churned head over tail and after the rolls, shot out to the fast water. I got him back to the quiet water while holding the fly rod parallel to the water, pulling and reeling. Fish to the net, finally got the chromer. A beautiful 32 inch Silver Salmon, my first on a fly. My heart was pounding but I was still fishing! Down stream a bit, I got a 29 inch Rainbow.

Some people believe in the forces of anti-matter. If there is a world of anti-matter, then that must exert a force to cancel out Murphy's Law. Good luck cancelled out the bad luck. What a discovery, an Anti-Murphy's Law theory to bring a smile to your face. What a day!

The fourth day was windy and cold. Snow dusted the mountain tops while we were fishing. We caught some trout, and that's OK because Sam cooked his famous Mirna's pork ribs for dinner.

Kenai – I'm going back!

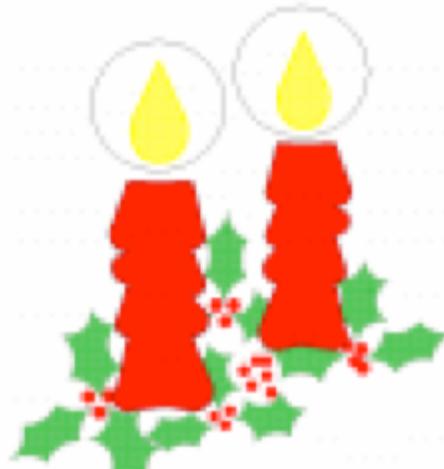


DOWNEY FLY FISHERS CHRISTMAS POT LUCK



Come and enjoy all the WONDERFUL FOOD DISHES
that our members & their families bring...
Appetizers, Salads, Side Dishes & Desserts
See A Club Generated Program
We have GREAT Raffle Prizes Including...
Travel Fly Tying Case
Fly Boxes
Kids Drawing
Ladies Drawing
& MORE

Our DFF Christmas Pot Luck
will be held on
Saturday, December 6th
from 4:30 PM until ?????
At Same Complex As Usual
There will be NO regular
General Meeting
on Tuesday, December 9th.



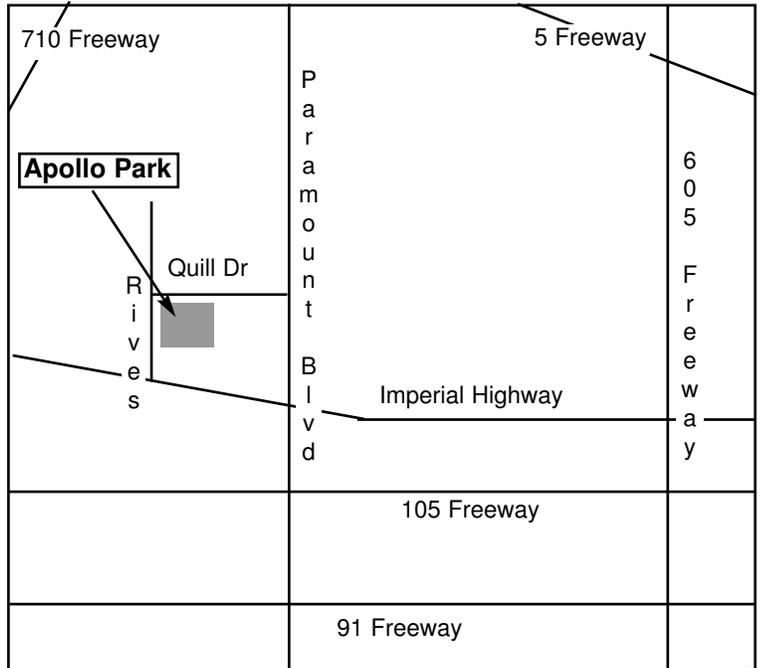
Please RSVP to Brian as to how many of you will be coming and
what you intend to bring
bnmandthegirls@earthlink.net or (562) 425-7936

Welcome New Member

Submitted by Carl Laski

I would like to welcome new member, Alan Remising, to the Downey Fly Fishers! He resides in La Hara. Alan is a Complex Project Manager in the Maintenance & Operations Department with the Los Angeles Unified School District. He previously belonged to the Pasadena Club. Alan has logged many hours like most of us fishing the lakes and streams of the Eastern Sierras. He recently became interested in fly tying and started with the beginning course on our website.

DFF Supports;



www.downeyflyfishers.org

This Month's Meeting
October 14th
Apollo Park Senior Center
12458 Rives Ave, Downey



PO Box 516
 Downey Ca 90241